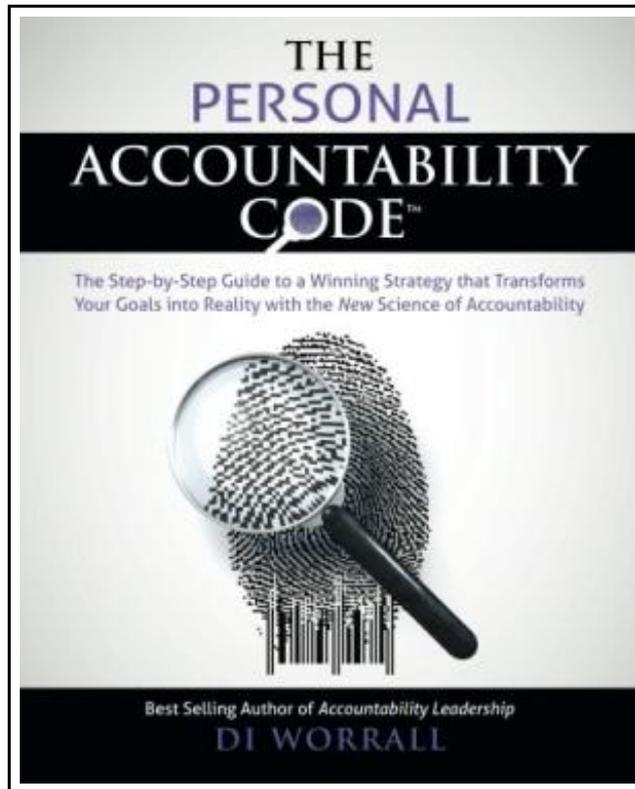


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THE PERSONAL ACCOUNTABILITY CODE: THE STEP-BY-STEP GUIDE TO A WINNING STRATEGY THAT TRANSFORMS YOUR GOALS INTO REALITY WITH THE NEW SCIENCE OF ACCOUNTABILITY



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Worrall Associates, United States, 2014. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Introducing the Multi Award-Winning Personal Accountability Code!.Gold Medal Best Self-Help Book 2015 eLit Awards. Finalist Motivational Category 2015 Next Generation Indie Awards. Finalist Career Category 2015 Indie Excellence Awards. Finalist Business Reference Category 2015 International Book Awards. Follow this step-by-step guide and unravel your Personal Accountability Code for a more fulfilling life and successful career.Are you committed to personal or professional change, or are you a professional in the business of coaching others?In the 6 modules of The Personal Accountability Code you will unlock a winning strategy for transforming your goals into reality while building a powerful system for tracking your progress and staying motivated and accountable to your goals in the face of setback.In The Personal Accountability Code you will learn: Why traditional goal-setting sets you up to failHow you can use the new science of accountability to customise a 6-step pathway to successThe secrets to creating a crystal clear vision of the future, minimising distractions and getting your priorities into laser sharp focusHow to unleash your natural energy, talent and motivation to create self-discipline and willpower on steroidsWhere to plan for setback in advance in order to soften the blowHow you can make SMART goals even SMART+ER with a personal Accountability Action PlanThe truth about your readiness for change with the Responsibility and Accountability AssessmentUncover the answers to your most common problems about goal achievement and personal accountability such as: How to get back on track after setbackHow to deal with unmet expectations, broken promises and failed commitmentsHow to hold yourself and others accountableHow to stay motivated when life gets in the wayHow to get inspired when goals are imposed upon youHow to overcome procrastination...

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