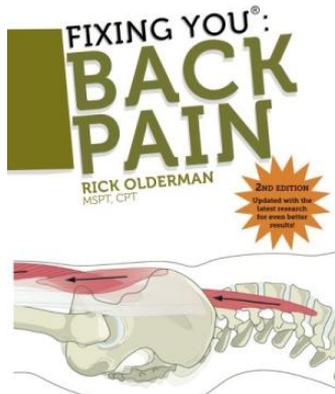


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Boone Publishing, LLC, United States, 2015. Paperback. Book Condition: New. Meghan Shoemaker (illustrator). 2nd Revised edition. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Fixing You: Back Pain 2nd edition significantly expands upon the top-selling first edition. Rick Olderman physical therapist, personal trainer, Pilates instructor, and certified Hanna Somatics practitioner presents a new pattern of problems creating back pain: side-bending problems. Side-bending problems involve an uneven pelvis and rib cage and Olderman shows how...

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