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Self-Injury: When Pain Feels Good

By Edward T Welch

P & R Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Self-Injury: When Pain Feels Good, Edward T Welch, If you have ever purposely injured yourself, it may seem normal, even right. But if you haven't, it seems impossible to understand those who have. After all, don't living creatures avoid pain? Edward T. Welch writes this eye-opening and encouraging booklet assuming that you feel trapped in a cycle of self-injury or that you love someone who does. Welch helps loved ones to understand the self-injurer's world. And if you are the one who feels trapped by this behavior, he lovingly describes a cure that is more attractive than you think. If you want peace and rest, you must look away from yourself. Look to Jesus-the answers reside in him.



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