



## Existentialism and Christian Zen: An East/West Way to Christ

By William A. McVey

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Existentialism and Christian Zen: An East/West Way to Christ, William A. McVey, "Existentialism and Christian Zen" is a book written for readers without an in depth background in philosophy, especially existentialism. Written in the style of an in-depth essay, the book is both an examination of the interface between Christian meditation and Zen Buddhism and a practical dialogue between Christian existentialism and the practice of Zen. Father Bill McVey takes readers on a mindful existentialist tour of Christianity and Buddhism, respecting the uniqueness of each but finding the important ground they share. Readers receive the gift of insight as well as vital tools to help them through the inevitable anxiety in which life in the post-modern world marinates. Worldwide.

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