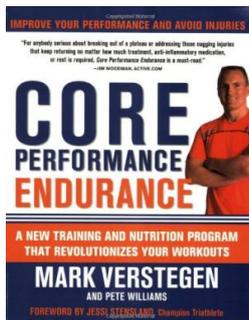


## Core Performance Endurance: A New Training and Nutrition Program That Revolutionizes Your Workouts



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