



Careers in Nutrition - Dietician, Nutritionist

By Institute for Career Research

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.NUTRITIONISTS AND DIETITIANS PROVIDE guidance on how to improve human health through nutrition. They study the effects of nutrition, and devise strategies for eating practices that promote wellness, and prevent or treat disease. While the terms nutritionist and dietitian are often used interchangeably, the American Dietetic Association rules that a practitioner can only use the title dietitian after meeting strict, specific educational and experience prerequisites and passing a national registration examination. The title nutritionist, on the other hand, is protected by some but not all states. This means that in some areas anyone can use the title nutritionist, regardless of education and training. The standard education path for nutritionists and dietitians is to complete a bachelor s degree in dietetics, foods and nutrition, food service systems management, or other related areas. Passing a licensure exam is required in many states. To obtain certification, students must complete a one-year supervised internship and pass an exam, in addition to the bachelor s degree. Master s and PhD programs are also available. These are necessary for those who want to teach...



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