



Luigis Jazz Warm Up: An Introduction to Jazz Style Technique

By Lorraine Kriegel

Princeton Book Company. Paperback. Book Condition: New. Paperback. 181 pages. Dimensions: 8.8in. x 6.2in. x 0.5in. For the beginning or intermediate student of any age, this complete body warmup also provides an introduction to Luigis lyrical jazz style. Developed over a 45 year period of teaching, Luigis pioneering method is based on anatomically sound principles, using center and floor work exclusively. He believes that students should learn how to support and control themselves totally from within and find the feeling of using space as a barre. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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